

**Code of conduct and Guidelines for Supervisors  
And Supervisees.**

**1.Introduction.**

- 1.1 The purpose of this document is to establish and maintain standards for members of the Midlands Institute of Integrative psychotherapy and counselling working as supervisors. It will also inform supervisees of the service they can expect and their responsibilities within the supervisory relationship.
- 1.2 It will make clear the role that supervision plays within Continuing Professional Development (C.P.D.).
- 1.3 Clinical supervision is a dynamic process in which the Practitioner is expected to be involved in supervision as part of their C.P.D. during any period of their clinical practice.
- 1.4 Full and Professional members will be required to maintain a Supervision log as part of their C.P.D. This documentation will Need to be produced when applying for membership and Subsequent renewals.

**2.What is Supervision and what are its aims?**

- 2.1 Clinical supervision is a process, which should enable the practitioner, with the help of an individual supervisor or in a group setting, an opportunity to reflect upon issues raised within their clinical practice.
- 2.2 Supervision should enable the practitioner to identify Weaknesses and strengths within their practice.
- 2.3 Increase the individual's knowledge base of therapeutic models.

- 2.4 Clinical supervision should increase the individuals understanding of professional and clinical issues.
- 2.5 The clinical supervision should be a positive and enabling Experience for the supervisee.
- 2.6 Clinical supervision relates directly to the individuals Practice and is not personal therapy.

### 3.Responsibility of Supervisors.

- 3.1 The supervisor should create a safe environment in which the supervisee is able to explore issues arising within their practice in a confidential atmosphere.
- 3.2 Enable the supervisee to explore their practice in an open non-judgemental atmosphere, whilst challenging that may be unhelpful or prejudicial to their clients.
- 3.3 Encourage reflective practice.
- 3.4 To challenge practices that are contradictory to the code of ethics and practice of the M.I.I.P.C.
- 3.5 Be clear in all the communications with supervisees.
- 3.6 Maintain a record of the sessions attended, in the form of supervision log. (See attached).
- 3.7 All information shared within the supervisory session should be treated as confidential, within the bounds of the M.I.I.P.C. code of conduct and ethics. In the event that the supervisor believes that a supervisee is acting outside of the aforementioned codes then the matter should report the matter to the appropriate body or bodies.
- 3.8 The supervisor should ensure that the supervisee is aware of the the guidelines for supervision before they commence on any supervisory arrangement.

### 4 Responsibility of supervisee.

- 4.1 Supervision is integral part of any counsellor or psychotherapist clinical practice. All members of the institute who engages in clinical practice must be involved in clinical

clinical supervision.

- 4.2 Clinical supervision should be appropriate to the number of clients seen. This should be a minimum of 1.5 hours per month.
- 4.3 The supervisee must be open to explore their practice in an open and reflective fashion.
- 4.4 Open to explore integrative models of therapy and alternative approaches and skills, which can contribute to their clinical practice.
- 4.5 Be receptive to the feedback from their supervisor.
- 4.6 Be aware of the M.I.I.P.C. code of ethics and practice.
- 4.7 Maintain client confidentiality within the constraints of the code of ethics and conduct.
- 4.8 Maintain a supervision log in accordance with the requirements of their continuing profession development.

This set of guide is not exhaustive and operate in conjunction with the code of conduct and ethics of the Institute. Full and professional members also need to ensure that they comply with policies and guidelines issued by the United Kingdom Council for Psychotherapy. (available on their website [www.ukcp.org.uk](http://www.ukcp.org.uk))